

# Old Man – New Man “Program 6”

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## Sexual Integrity

In areas prone to tornados, a strong siren warns of danger when a tornado forms. The storms of sexual immorality are devastating our cities and we need to sound the alarm. Most often people don't want to talk about it, it is taboo, but the longer we keep silence the more the storms of immorality will destroy the people around us. **WARNING:** Adult language and conversation is important for this lesson to be effective. Make sure that the right atmosphere is prepared so that the conversation will be a blessing for all attending.

### Declare

1. You may have heard people say: “Pornography doesn't hurt anyone!” Is this true? Why or why not? (Be respectful of all answers.)
  - a. \_\_\_\_\_
2. During this program Pastor Anderson shared that today's children are being exposed to pornography as young as five years old. Have you had exposure to pornographic material? If so, how did it affect you?
  - a. \_\_\_\_\_
3. Why do you think that pornography is compared to a drug addiction? Explain your answer.
  - a. \_\_\_\_\_
4. Why did Pastor Anderson say that marriage doesn't solve or bring to a stop a pornographic addiction?
  - a. \_\_\_\_\_

### Dig

5. Read Philippians 4:8. Many people say that pornography is simply freedom of speech and others say that it is art. God, however, has a higher standard than that of the world. How does this text help you take a stand against participating in the exploitation of the human body?
  - a. \_\_\_\_\_
6. There is a text that is clear on the issue of pornography. Read Matthew 5:28 and discuss with the group how pornography goes opposite to Matthew 5:28.
  - a. \_\_\_\_\_
7. Pastor Anderson said that pornography is a problem of the heart. Read Romans 7:15-20 and reflect on the depth of the struggle of someone dealing with this addiction.
  - a. \_\_\_\_\_

## *Devote*

8. One of the objects of Old Man New Man support groups is to encourage men to share their struggles and find support. Statistics clearly show that pornography has impacted Christian men and women. Consider the following:
  - a. Proverbs 28:13 encourages us to confess our sins.
  - b. Pastor Anderson explained that a pornographic addiction needs to be confessed in order to start to have victory over it.
9. Furthermore, 87% of marriages remain together when the sin is confessed. This is very encouraging for married men. Also, for single men and women it is important to have victory over this addiction because of the false expectations it creates and because it goes contrary to God's plan. Having stated the previous two points [8 & 9] consider the steps for recovery:
  - a. Confess. Pastor Anderson recommended confessing to your spouse, a friend, or a spiritual leader.
  - b. Find a support group and or an accountability partner. Find someone who will keep you accountable, will encourage you, will remind you the consequences of this addiction, and will give you the support you need. Hint: an accountability partner will understand the seriousness of this addiction and will not dismiss it as harmless.
  - c. Have open real relationships. The internet offers "virtual relationship." Intensify your relationship with God.
  - d. Turn off computers and any media that has made your addiction easy to access. Get rid of cable channels that offer adult material. Also start practicing "turning off the channel in your mind." Don't let your eyes wonder in the wrong direction.
10. This is not a battle that can be won with taking little steps. At this point the options are simple: share with the group if you are having a struggle and it doesn't matter how small you think it is; or if you don't feel comfortable sharing in this group, decide today that you will find help right away.

At this point if members in the group have opened up and confessed their struggle with sexual immorality the group needs to set up a support mechanism. Close the meeting with prayer interceding for each other asking God for victory, and strength and wisdom for the journey ahead. See the resources listed in [www.oldmannewman.com](http://www.oldmannewman.com).