

OLD MAN NEW MAN T.V.

EQUIPPING MEN FOR THIS LIFE AND BEYOND

Old Man New Man –Infidelity/The Cheaters

“Hide your face from my sins and blot out all my iniquity. Create in me a pure heart, O God, and renew a steadfast spirit within me.” Psalm 51:9-10

He was a successful middle aged man who had everything a man could want. One night while standing on the porch of his mansion he saw a beautiful woman bathing. He lusted, he wanted and he took her knowing she was married. When she became pregnant with his child, he ordered her husband killed. He thought he had gotten away with it until a prophet from God confronted him revealing the sin he had committed. God had seen it all and was very displeased. The man caught in the act of lust, adultery and murder was a king. His name was David, King of Israel. You can read the story in the book of II Samuel chapter 12. No one starts a relationship wanting to be a cheater. So what can we do to avoid this sin? Let’s talk about it.

1. If you could get away right now, for a week of R&R, where would you go? Hawaii, the Florida Keys, a cruise?
 - a. Who would you take along in this trip?
 - b. Good, if you’re married, you said, “your wife.” I pray this is so.
2. Dr. Palcan emphasized that anyone of us can be a cheater. What is your reaction to this statement?
 - a. Since one in every 2.7 couples are affected by infidelity and your group has a least three couples represented, one of you could potentially be unfaithful to his spouse.
 - b. How do you protect your heart?
3. There’s a fine line between friendships outside the marriage and infidelity. Unfortunately, good chemistry with someone of the opposite sex outside of your marriage can be a slippery slope.
 - a. As a group; Put together a list of things that you could consider a red flag.
 - b. What should a man do in such a case. Use the other side of this paper if necessary.
4. There is something called “generational curse.” It simply means that the sins of one generation will be transferred to the next generation. If sexual misconduct has been a trend in an individual’s the family of origin he/she needs to be aware and on the lookout not too fall to the same curse.
 - a. How can these generational curses be defeated?

5. What did Pastor Labrador mean when he said “it’s not a sin to be tempted?”
6. Read Genesis 39:1-13.
 - a. A man doesn’t typically run away from his problems. Joseph fled from this woman.
 - i. Why did he run?
 - ii. What options did he have?
 - iii. How would you have handled the situation?
 - b. The bottom line for Joseph was expressed in this sentence: “How then can I do this great wickedness, and sin against God?”
 - i. Where are you in your walk with God?

The Washington Post recently reported that affairs affect one of every 2.7 couples. Of those that marry their lover only 3 percent stay married. That means that 97% of the time it quickly ends. Reality gets them out of their stupor. Other reasons for this high divorce rate include; feelings of guilt, unmet expectations, a general distrust of marriage, and a distrust of the one who committed the affair.

If you are cheating;

1. Then stop. God will supply all of your need.
2. Be accountable to someone and get some professional help.
3. Hold on to God and allow the power of the Holy Spirit to guide you and give you a healthy monogamous marriage.

God is able to forgive and restore. King David found his way back to wholeness by repentance and the power of God. You can be restored just as David was. David wrote the 51st Psalm after the prophet had exposed his sin. Spend some time memorizing that heartfelt confession and prayer. Here are some further points to help you stay a man of covenant:

1. Open the issue. Dishonesty and deception cause infidelity to flourish.” Bring light to the dark thoughts. You can do this by being open with your spouse and telling her when you feel an attraction to someone else or are tempted to stray. If she is unable to hear this and help you through this stage, then talk to a man of integrity. (Never to another woman.)
2. Be aware of factors that lead to being a cheater. Monitor your marriage. Pay attention to your needs and your spouse’s needs. If the needs are not being met, speak up and address it in a constructive manner. Surrounding yourself with friends that support a healthy marriage is also important.
3. Protect your heart- Don’t let the thoughts of a possible affair into your mind and protect your eyes.

4. Say No to Compromising Situations- Avoid situations that could lead to romance or emotional bonding such as private lunches and regular coffee breaks and save your flirting for only your spouse.

Infidelity is an illness affecting many families today. Pray now that God will intervene in the families close to you, your own, and will help them find healing.